

SCHOOL SIGHT TESTING PROGRAM

GULSHAN LITERACY PROGRAM SCHOOL
259/A, MADRASA COMPLEX, BAGBARI, MIRPUR-1, DHAKA-1216
DATE: 11TH SEPTEMBER 2025 (WEDNESDAY)



PUBLISHED BY: EYE CARE PROGRAM-MSS

PUBLISHED ON: 25TH SEPTEMBER 2025

SPONSORED BY:

ROTARY CLUB OF DHAKA WEST, IN ASSOCIATION WITH
THRIVE INTERNATIONAL

AUTHOR: TEAM ECP-MSS

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Eye Care Program Manabik Shahajya Sangstha (ECP-MSS)

PROGRAM REPORT ON: SCHOOL SIGHT TESTING PROGRAM
AT GULSHAN LITERACY PROGRAM SCHOOL, GABTOLI, DHAKA- 1216
SPONSORS: Rotary Club Dhaka, West, in association with THRIVE International
Date: 11th September 2025 (Wednesday)

EXECUTIVE SUMMARY:

On 11 September 2025, the Eye Care Program of Manabik Shahajya Sangstha (ECP-MSS) conducted the second session of its School Sight Testing Program (SSTP) at Gulshan Literacy Foundation Program (G.L.P.) School, Bagbari, Gabtoli, Mirpur-1, Dhaka-1216. The initiative delivered essential eye screenings, treatment, and awareness activities to underserved students, teachers, and staff. Educational posters were displayed in classrooms, and flyers were distributed among participants to reinforce healthy eye care practices.

A total of 139 individuals (129 students and 10 teachers/staff) received eye examinations. Key outcomes included:

- 13 medicines prescribed and distributed.
- 14 spectacles, 13 eye drops provided
- 1 referral issued for specialized consultation.
- 129 flyers and 10 posters distributed with key eye health messages.

This initiative was made possible through the generous sponsorship of **Rotary Club of Dhaka West**, represented by President Mrs. Shireen Scheik Mainuddin and Past President Dr. Tanvir A. Khan, in association with THRIVE Bangladesh, represented by Ms. Amna Rahman, Chairman. Additionally, ECP-MSS provided technical expertise, staff, and logistics to ensure smooth execution.



Eye Screening
139 Students



Spectacles 14



Eye Drops 13



Awareness Sessions
09



Referral Patients 1



"GLP currently operates two schools in urban Dhaka—one in Mirpur and another in Badda—serving around 450 children. The schools follow the Bangladesh national curriculum with a strong focus on developing English language skills. Since 2012, 85% of Grade 8 graduates have earned A grades in the public board examinations. Remarkably, since 2011, GLP schools have maintained a 100% pass rate, with no failures. Nearly all graduates continue their education by enrolling in local secondary institutions, reflecting GLP's outstanding success in nurturing lifelong learners.



Our donors, **Rotary Club of Dhaka West**, represented by Mrs. Shireen Scheik Mainuddin – President, Dr. Tanvir A. Khan - Past President and Mr. Gofran Farooque on behalf of **ECP-MSS** decided to extend its eye care services to school children in unserved communities. Thus, ECP – MSS conducted a School Sight Testing Program in **11th September 2025**.

SPONSOR: The School Sight Testing Program at Gulshan Literacy Program School was sponsored by the **President Rotary Club of Dhaka West, represented by Mrs. Shireen Scheik Mainuddin and Dr. Tanvir A. Khan**, in association with THRIVE International, which generously donated Taka 30,000.

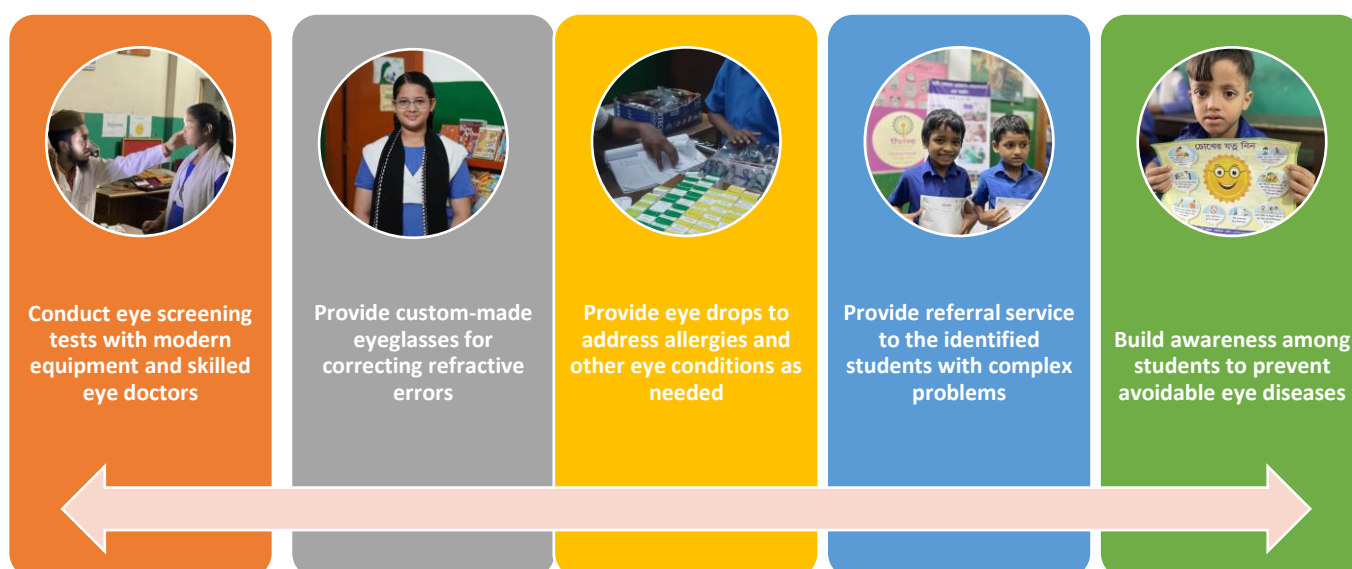
ECP-MSS, together with the school community, expresses deep gratitude to the sponsors for enabling this critical eye care service for underserved students in Dhaka.



Our respected donor's presence truly added warmth and inspiration to the program

THE PROGRAM: The program served 129 students (53 boys and 76 girls) and 10 teachers/staff, offering comprehensive screening, treatment, and awareness-raising activities.

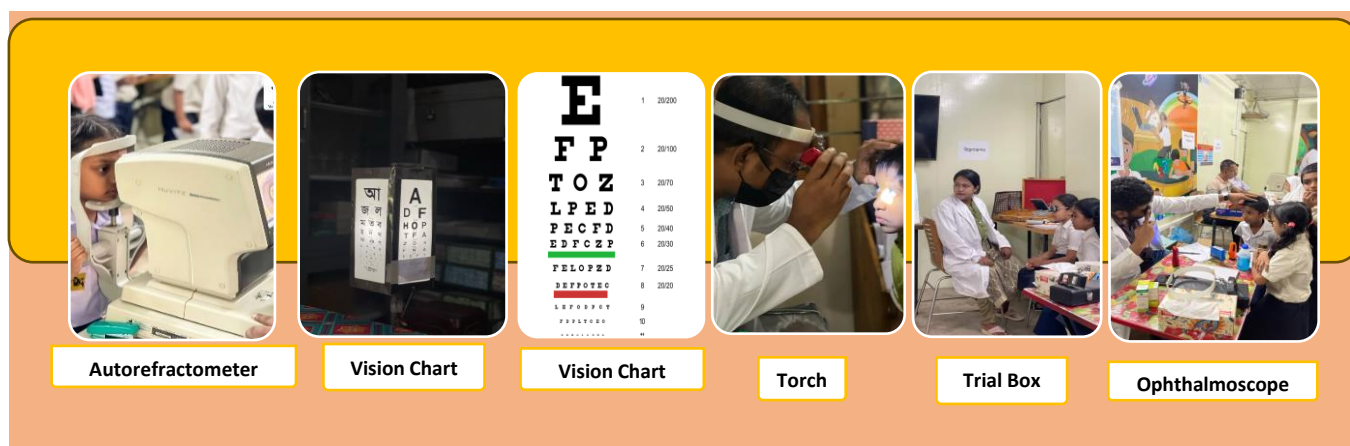
Services Provided:



Technical Team: The team consisted of one doctor, one refractionist, and support staff. The ECP-MSS program staff handled overall coordination, awareness efforts, and logistical support to ensure the program ran smoothly.

Presence of donor representatives, including Mrs. Shireen Scheik Mainuddin - President of Rotary Club of Dhaka West. From the ECP-MSS side, Mr. Gofran Faruque, Head of the Finance Committee, was present. Their presence inspired the technical team members, the students, and the school administration.

Eye Testing Equipment: Eye testing equipment used for eye screening included a vision chart, vision box, auto refractometer, lens meter, etc., was used.



SUMMARY of SERVICES PROVIDED:

Category	Boys	Girls	Teachers & Staff	Total	Medicine	Spectacles	Referrals
Gulshan Literacy Program School	53	76	10	139	13	14	1

AWARENESS RAISING ACTIVITIES:

A parallel eye health awareness campaign was conducted, featuring:

- 10 posters displayed in classrooms and common spaces with essential eye care tips.
- 129 flyers distributed to students with preventive eye health messages.
- Short classroom discussions on the importance of early detection.
- Teacher briefing sessions to recognize early warning signs of eye conditions.



Awareness sessions on basic eye care were delivered by ECP-MSS team members in a classroom.

ECP team members made 9 interactive presentations on basic eye care with the help of posters and flyers. Flyers highlighting basic eye care tips were given out to the students for dissemination among their friends and families. The students evinced Interest in the presentation and asked questions.

THE POINTERS ARE –

1. Cannot see the text clearly written on the blackboard
2. Holding books close to the eyes when reading
3. Skipping lines or repeating the same lines while reading
4. Make eyes smaller while seeing something
5. To keep one eye closed while reading the book
6. Sometimes suffer from headaches
7. Lean the head on one side
8. Complain eye irritation, watering and pain
9. Frequently blink the eyelids
10. Frequently rub the eyes with hands

The placard highlights pointers indicating that a child requires eye examination by a professional eye specialist. We gave it to each school after explaining the pointers to the school's teachers. Following the briefing by the ECP team, the placard is hung at a prominent place in the school where everyone can see the indicators easily.

এই লক্ষণগুলো দেখলে ছাত্র-ছাত্রীদের চোখ পরীক্ষা করাতে হবে :

ব্ল্যাকবোর্ডের লেখা স্পষ্টভাবে দেখতে না পারা		মাঝে মাঝে মাথা ব্যথা হওয়া
পড়ার সময় চোখের কাছে বই ধরা		মাথা একপাশে কাত করে রাখা
পড়ার সময় লাইন বাদ দেওয়া বা একই লাইনের পুনরাবৃত্তি করা		চোখে জ্বালাপোড়া, চুলকানো, পানিপড়া বা ব্যথা হওয়া
কিছু দেখার সময় চোখ ছোট করা		ঘন ঘন চোখের পলক ফেলা
বই পড়ার সময় এক চোখ বন্ধ রাখা		হাত দিয়ে অনবরত চোখ রগড়ানো

প্রচারে : আই কেয়ার প্রোগ্রাম- এমএসএস
ওয়েবসাইট : <https://mssbd.org/our-program/eye-care-program>

ইমেইল : eyecare@mssbd.org
ফেসবুক : www.fb.com/eyecareprogrammss
ইউটিউব : Eye Care Program MSS



EPP was handed over to the Headmaster by ECP members

Following the briefing by the ECP team, the placard is hung in a prominent place in the school, where everyone can easily see the indicators.

Flyers:

The illustrative flyers distributed by ECP provide the following essential eye care tips:

- ❖ **Eye Care:** Pay attention to your eye health and visit an eye doctor for any issues or injuries. Avoid superstitions and unqualified treatments.
- ❖ **Regular Check-ups:** Eye exams every two years for children, and annually for adults.
- ❖ **Use Spectacles:** Wear prescribed glasses.
- ❖ **Hydration & Diet:** Drink 7-8 glasses of water daily and eat nutritious foods like vegetables, fruits, eggs, fish, and dairy.
- ❖ **Safe TV Viewing:** Keep a safe distance
- ❖ **No Smoking:** Quit smoking to protect your vision.
- ❖ **Cataracts:** Surgery is the only effective treatment.
- ❖ **Sun & Object Safety:** Don't look at the sun, run with sharp objects, or throw them.
- ❖ **Hygiene:** Wash eyes 4-5 times daily, avoid touching them with dirty hands, and blink often to keep them healthy.



FEEDBACK AND COMMENTS FROM SCHOOL:

The head teacher and the students of the school gave their valuable comments about our SSTP program in the Program Acknowledgement form, which we brought from the school. Their comments are below:

"We are truly grateful for the free eye camp organized at our school. Many of our students struggle to access even basic healthcare, and this program provided essential eye care services they would not have received otherwise. The distribution of glasses to those with vision difficulties will greatly improve their learning experience. The team conducted the camp with professionalism and kindness, making everyone feel comfortable. This initiative has had a positive impact on our community, and we look forward to more such opportunities in the future.

Md. Jashu Mia
Headmaster
Gulshan Literacy Club School, Gabtoli



"This eye awareness program taught us so much! Many of us had no idea how vital it is to care for our eyes. The sessions were engaging, simple to follow, and showed us how to protect our vision and recognize early signs of eye issues. The team was patient, supportive, and answered all our questions with care. We now feel more confident about maintaining healthy eyesight. Thank you for sharing this valuable knowledge with us!

Student of Gulshan Literacy Club School



CONCLUSION

The second day of the School Sight Testing Program (SSTP) at G.L.P. School successfully provided eye care services to 139 participants, including the distribution of medicines, spectacles, and referrals, along with impactful awareness-raising activities.

ECP-MSS conveys heartfelt thanks to the Rotary Club Dhaka West and THRIVE International for their generous support. Together, we move closer to ensuring that every child and educator enjoys the right to clear vision and a brighter future.

SCHOOL SIGHT TESTING PROGRAM ACTIVITY PICTURES



The program commenced with our donors' sincere prayers for its success and impact.



Students undergo eye exams using an auto refractometer to check their vision.



Doctor at work! Students being examined at the SSTP.



Refractionists examine students' eyes as part of a vision screening program.



Students are delighted after receiving their customized spectacles

Dhaka Mail

বিনামূল্যে চক্ষু সেবা ও চশমা পেল সুবিধাবঞ্চিত শিক্ষার্থীরা

ঢাকা মেইল ডেস্ক

প্রকাশিত: ২৬ সেপ্টেম্বর ২০২৫, ১২:৩৩ পিএম

শেয়ার করুন:

3
Shares



🏠 সর্বশেষ 🇬🇧 জাতীয় 🏛️ রাজনীতি 🌐 আন্তর্জাতিক 🌍 সারাদেশ 📄 অর্থনীতি 🏆 স্পোর্টস 🗳️ বিনোদন 📊 ফিচার 🗨️ চাব

মানবিক সাহায্য সংস্থা (এমএসএস) রাজধানীর মধ্যবাড্ডা ও গাবতলীতে অবস্থিত গুলশান লিটারেসি প্রোগ্রাম স্কুলের সুবিধাবঞ্চিত শিক্ষার্থীদের জন্য বিনামূল্যে চক্ষু সেবা প্রদান ও চশমা বিতরণ করেছে। এমএসএস আই কেয়ার প্রোগ্রামের উদ্যোগে মোট ২৭ জন শিক্ষার্থীকে বিনামূল্যে চশমা দেওয়া হয়।

এর আগে গত ১০ সেপ্টেম্বর ও ১১ সেপ্টেম্বর রোটারি ক্লাব ঢাকা ওয়েস্ট ও থাইভ ইন্টারন্যাশনালের উদ্যোগে গুলশান লিটারেসি প্রোগ্রাম স্কুলের দুই শাখায় দিনব্যাপী স্কুল সাইট টেস্টিং প্রোগ্রাম আয়োজন করে এমএসএস এর আই কেয়ার পোগ্রাম।

চার দিনব্যাপী এই কর্মসূচিতে শিক্ষার্থী ও শিক্ষক-কর্মচারীসহ মোট ৩৫৬ জন চোখের পরীক্ষা করানো হয়। এর মধ্যে ৩২ জনকে বিনামূল্যে ওষুধ, ২৭ জনকে চশমা দেওয়া হয় এবং ১৩ জন শিক্ষার্থীকে উন্নত চিকিৎসার জন্য রেফার করা হয়। এছাড়াও শিক্ষার্থীদের চোখের স্বাস্থ্য সচেতনতা বাড়াতে পোস্টার ও ফ্লায়ার বিতরণ করা হয়।



উল্লেখ্য, আই কেয়ার প্রোগ্রাম (ইসিপি), মানবিক সাহায্য সংস্থা (এমএসএস) দ্বারা পরিচালিত একটি অ-লাভজনক সংস্থা, যা ২০১৪ সালে প্রতিষ্ঠিত হয়। আই কেয়ার প্রোগ্রাম জুলাই ২০১৪ থেকে জানুয়ারি ২০২৫ পর্যন্ত দেশের প্রত্যন্ত অঞ্চলে সর্বমোট ৬৩৩টি চক্ষুশিবির বাস্তবায়ন করেছে।

এ পর্যন্ত মোট ২ লাখ ২৪ হাজার ৭৯৭ জনকে বিনামূল্যে চক্ষুসেবাসহ ২১ হাজার ৬৬৫ জনের চোখে সার্জারি সম্পন্ন করেছে মানবিক সাহায্য সংস্থা'র আই কেয়ার প্রোগ্রাম। এছাড়াও এ পর্যন্ত মোট ১১ টি শিল্প প্রতিষ্ঠানে ইন্ডাস্ট্রিয়াল সাইট টেস্টিং প্রোগ্রাম পরিচালনা করে মোট ১১৯৮৭ জন শ্রমিককে চক্ষুসেবা প্রদান করেছে আই কেয়ার প্রোগ্রাম।